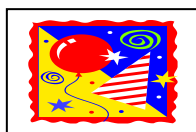


Melanie's Spring/Summer Walks 2015

Date	Meeting place/time	Walk description	Distance
Sat 21 Feb	Mitcham Junction 10.30 am	Wandle Walk along the Wandle Trail to Carshalton, to include a visit to Wilderness Island. We return to Mitcham Junction via Beddington Park and the Beddington Farmlands path with a stop at the café for refreshments. Joint walk with London Strollers.	5-6 miles, easy
Sat 14 Mar	Mitcham Junction 2 pm	Walk around Mitcham Common	3-4 easy
Fri 3 April (Good Friday)	St Mary's Church 10 am (see below)	A walk from Beddington Park to Mitcham Common. We will take the path along the Beddington Farmlands path (about 45 mins and could be muddy!). Refreshments available at Mitcham Golf Club. £2.50 tea/coffee/cake. Return to St Mary's Church afterwards or public transport from Mitcham Junction. Please call or email to book.	2-3 miles, easy, but one stile!
Sat 9 May	Mitcham Junction 2 pm	Wandle Walk along the Beddington Farmlands path to Beddington Park and Carshalton. We return to Mitcham Junction via the Wandle Trail with a visit to Wilderness Island. Coffee stop on the way.	5-6 miles, easy
Sun 7 June	Church Road Tram Stop, Croydon 9.10 am	Walk along the Wandle Trail. Finish Morden Hall Park (Phipps Bridge Tram Stop). Coffee stop in Beddington Park or Carshalton. Part of an all day event between Waddon Ponds and Wandsworth, more start and finish options available. See the Sutton & Wandle Valley Ramblers' website for details.	4-5 miles, linear

For all walks starting at Mitcham Junction meet at bus stop on bridge.

Sutton Healthy Walks - Come and join us for an hour's walk around Beddington Park or Waddon Ponds every Friday morning at 10 am. Meet by St Mary's Church, Church Road, Wallington SM6 7NJ (Buses: 407 from Sutton, 463 from Mitcham). Refreshments available at church after walk. Voluntary contribution to church funds. Tour of church possible.



After the walk on Friday 6 March there will be a celebration to mark the official accreditation of the Beddington Park walk as a Sutton Healthy Walk!!

Merton Health Walk - Join Cathy or Liz for a walk around **Mitcham Common** every Thursday. Meet at 11 am Mitcham Junction Station. Refreshments afterwards at Mitcham Golf Club. For other health walks in Merton please visit www.merton.gov.uk/walk4life.

Friends of Mitcham Common

Please email friendsofmitchamcommon@gmail.com if you'd like to subscribe to the Magpie newsletter and support the Friends in their valuable work protecting the Common. A year's subscription costs £2.50 and five years just £10. You will receive a free copy of the recent publication: Mitcham Common: A Short History (by Janet Morris) and several newsletters every year.

Bird and Wildlife Walk at Beddington Farmlands

Sunday 21 June - 2 or 2.5 hrs (no toilets). Meet Hackbridge Station 9.15 to start 9.30. Parking costs £1/day. Sturdy footwear (preferably wellies). Required to sign access agreement to enter restricted area for first timers. Suggested donation to the Beddington Farm Bird Group £2. Led by Peter Alfrey and the Beddington Farmlands Bird Group. **Please email Peter at littleoakgroup@btinternet.com to book.**

Please note that several of the above walks are on the Sutton & Wandle Valley Ramblers' programme but all are welcome. If you would like to be on the mailing list for this list and/or for the Ramblers' programmes please email me on mlnunuzet@gmail.com. Please note the second letter is an 'l' not 'i'! Any other queries please call 07944 833605. Thank you and happy walking!